



# DEER OAKS

THE BEHAVIORAL HEALTH SOLUTION

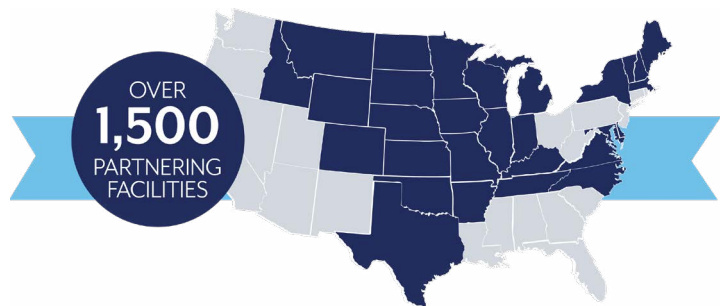


Deer Oaks provides clinically effective psychological and psychiatric services to residents of long-term care and assisted living facilities, serving as an integral part of the multidisciplinary care team in order to improve the patients' overall health, wellbeing, and clinical outcomes.

## The Deer Oaks Difference

Since 1992, Deer Oaks has been the nation's leading long-term care focused behavioral health provider. Being clinician owned and operated has kept us grounded and focused on proactively addressing the need for consistent on-site care in long-term care and assisted living communities while always putting our patients' and partnering facilities' interests first.

Our clinician led multidisciplinary team is composed of Psychologists and Licensed Clinical Social Workers providing psychotherapy and Board Certified Geriatric Psychiatrist and Advanced Practice Clinicians providing psychiatry services. We pride ourselves on our exceptional clinical leadership and expertise in geriatric behavioral health.



Our strong understanding of both state and federal CMS regulations gives us the ability to provide unparalleled clinical documentation, proactively reduce re-hospitalization rates, and deliver outcome-based care.



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## PSYCHOLOGY SERVICES

Proactive and consistent psychological services are provided by our dedicated team of doctoral-level licensed psychologists and licensed clinical social workers - experts in geriatric behavioral health.

### Diagnostic Assessments

Initial assessment, diagnosis, and treatment plan to develop objective outcome-based goals.

### Individual, Group, & Family Psychotherapy

Psychological counseling focused on achieving outcome-based goals established in the treatment plan.

### Plan of Care Review

Quarterly review of progress toward goals and assess current symptoms and functioning. This is used to set new goals or discharge planning.

### Psychological Testing

Neurocognitive and emotional testing can improve diagnostic clarity, assist with differential diagnosis, and improve prognosis by ensuring that the treatment plan approach identified is relevant to the clarified diagnosis.

### Discharge

Recommendations for ongoing stability and maintenance of functioning.

### Appropriate Referrals

Depression, anxiety, withdrawal, agitation, grief, bereavement, confusion, memory loss, hallucinations, delusions

Non-compliant with rehabilitation program

Alcohol & substance abuse, schizophrenia, bipolar, schizoaffective disorder



of long-term care residents **suffer from depression**



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### PSYCHIATRY SERVICES

Our psychiatric service program, led by our team of board-certified psychiatrists, nurse practitioners, and physician assistants work hard to ensure your residents are on the least amount of medication that is most effective.

#### **Initial Assessment**

A comprehensive psychiatric evaluation to determine the proper CMS-approved diagnosis and review appropriateness of all medications.

#### **Medication Management**

Consistent resident visits focusing on improving emotional and behavioral functioning while utilizing the minimum amount of medications necessary to maintain quality of life.

#### **Quarterly Treatment Plan Reviews**

Collaborating with your interdisciplinary team reviewing pharmacy reports and treatment plans to review medications, behavioral issues, and provide Gradual Dose Reductions (GDR) where appropriate.

#### **Pharmacy Reviews**

Address any pharmacy recommendations for medication adjustments, polypharmacy, duplication of medications or reductions, while providing survey-driving documentation.

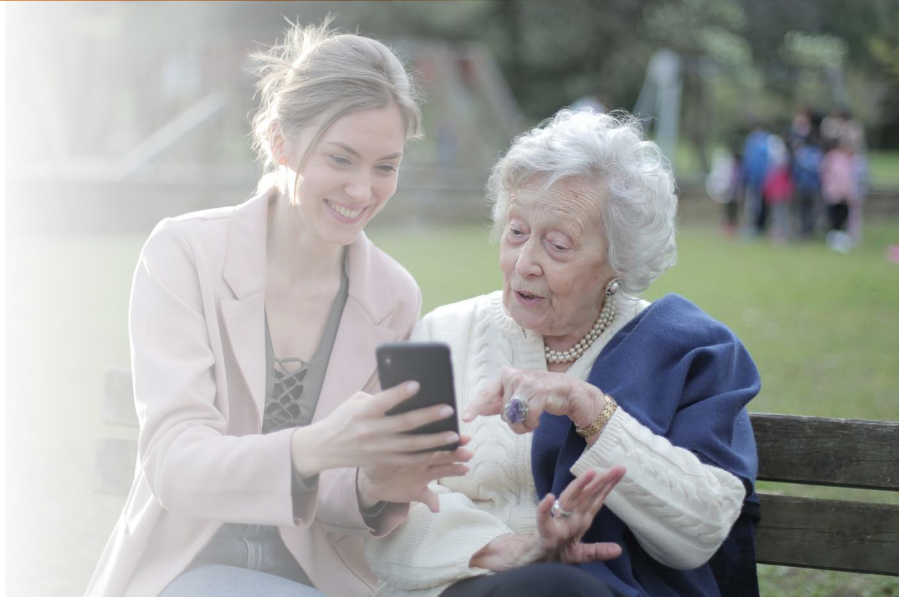
#### **Gradual Dose Reduction Tracking**

All reductions, whether successful or failed, are tracked and reported to avoid survey citations and F-Tag's.

#### **Appropriate Referrals**

- Currently on Antipsychotic, Antidepressant, Antianxiety, Mood Stabilizers, Stimulants, Hypnotic or any psychotropic medication
- Mood problems: depression, anxiety, withdrawal, delusions, hallucinations, paranoia
- Behavior problems: sexually inappropriate behavior, physical/verbal aggression, wandering, hoarding
- Suicidal thoughts or statements

# TELE-BEHAVIORAL SERVICES



## TELE-BEHAVIORAL SERVICES

Our services are known for consistency, clinical efficacy, and our commitment to servicing rural facilities. Because many facilities operate in rural areas where behavioral health provider shortages exist, and distance stands in the way of consistent care, we overcome these challenges through our Tele-Behavioral health program that mirrors our on-site programs.



Each provider is hand selected and trained to provide tele-behavioral health services. Providers interact with the residents through live, high definition audio and video equipment that comes at no cost to your facility. With telemedicine, research has found satisfaction to be high among residents. Tele-behavioral health is equivalent to on-site care in diagnostic accuracy, treatment effectiveness, quality of care, and patient and family satisfaction.